## Des Moines DanzArts' Dress Code 2024-2025

## **Ballet Classes**

**Creative Movement & Pre Ballet** –Girls: Pink leotard without skirt, pink footed tights (Underwear is not worn under ballet tights) Pink ballet shoes without drawstrings. Hair in a neatly secured ponytail or pulled back off face Boys: Black bottom & white shirt, black ballet shoes without drawstrings.

**Level 1 & 2** – Girls: Black leotard without skirt, pink footed tights (Underwear is not worn under ballet tights) pink ballet shoes without drawstrings. Black tap shoes (any style). Hair in a neatly secured ponytail Boys: Black bottom & white shirt, black ballet shoes without drawstrings. Black tap shoes (any style). In Level 2 we add jazz, but please do not buy jazz shoes. Students can wear their ballet shoes - we want to save you the added expense.

**Level 3/4 Ballet** – Girls: Black leotard without skirt, pink footed tights (Underwear is not worn under ballet tights) pink ballet shoes without drawstrings. Dancers with hair long enough are required to have hair in ballet bun. Boys: Black bottom & white shirt, black ballet shoes without drawstrings.

**Levels 5 through 8 Ballet** – Girls: Black leotard without skirt, pink footed tights (Underwear is not worn under ballet tights), pink ballet shoes without drawstrings. Dancers with hair long enough are required to have hair in ballet bun. Pointe shoes needed if doing pointe. These must be professionally fitted and approved by instructor before sewing. Boys: Black bottom & white shirt, black ballet shoes without drawstrings.

**DanzArts Electives** we do not want to see Boobs, Bellies or Butts exposed If that is the type of dancing you are into, we are not the right studio for you **NO** BRA TOPS, **NO** CROPPED TOPS **NO** BOOTIE SHORTS (shorts only allowed in tap, see details)

**Hip Hop** -Long Hair back in ponytail. Comfortable clothes that you can easily move and sweat in. Not too tight or exceedingly baggy. Long length pants or leggings. For footwear- Black split sole jazz sneaker with flat toe box. Good brands to look at would be Capezio and Bloch.

**Jazz** - Long Hair back in ponytail. Black Jazz Shoe-Style up to you. Solid colored leotard or tight fitted shirt. Jazz pants, athletic pants or leggings.

**Musical Theater** – Long Hair back in ponytail. Same as Jazz class listed above. Jazz shoes, ballet shoes or dance sneakers are the best for this class.

Flamenco- Clothing same as listed for jazz. Black Character Heeled shoes.

Contemporary - Long Hair back in ponytail. Buns do not work great for this class.

Dancers go barefooted. Solid colored leotard or tight fitted shirt. Longer pants or legging are necessary, Much floor work in these classes. Clothing covering skin is extremely helpful. We also go upside down quite a bit. Shirts should be close fitting or easily tucked into pants or leggings

**Tap** – Long Hair back in ponytail. We recommend a jazz oxford style tap shoe with hard bottom sole. Clothes you can easily move and sweat in. This is the only class on our roster that you can wear shorts. Shorts must cover butt cheeks. Bike shorts work great!

**Adults** -You are old enough to wear what you would like. Again, NO bra tops, NO cropped tops, NO bootie shorts. Invest in some good shoes!

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